

# HEARTBEAT

is an organization that exists

“to alleviate the suffering of  
orphaned and vulnerable  
children by facilitating change in  
communities.”



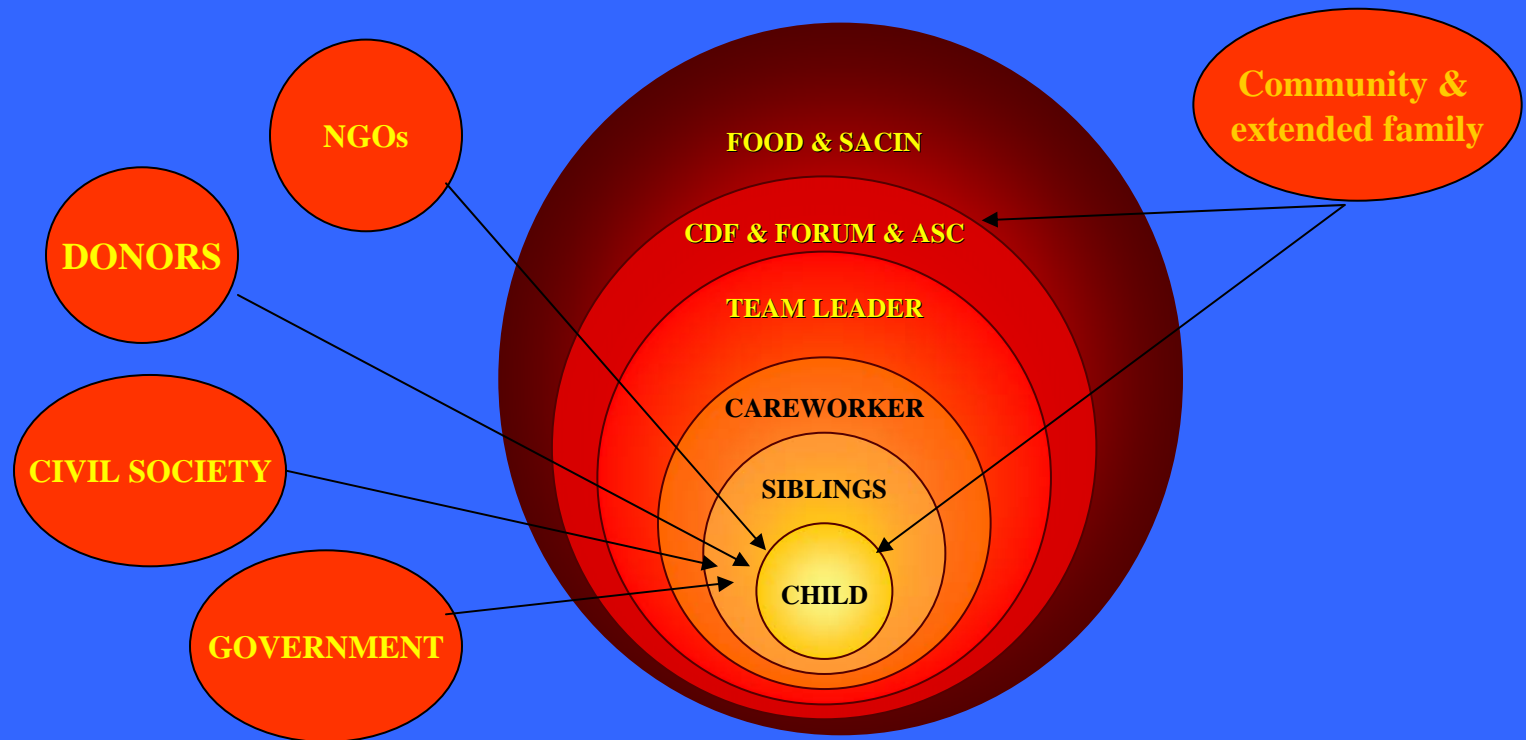
# The **Heartbeat Model** of care for Orphans and Vulnerable Children (OVC)

Is:

1. Children Rights' Based
2. Community Based
3. Developmental Approach
4. Partnerships



**Heartbeat** works with the community to ensure that the children in our programmes are protected by various circles of support from within the community, but also from external sources.



## Heartbeat's Current Projects

### Program Manager

Atteridgeville

Emthonjeni

Tembisa

Nellmapius

Vosloorus

Katlehong

### Program Manager

Mohlakeng

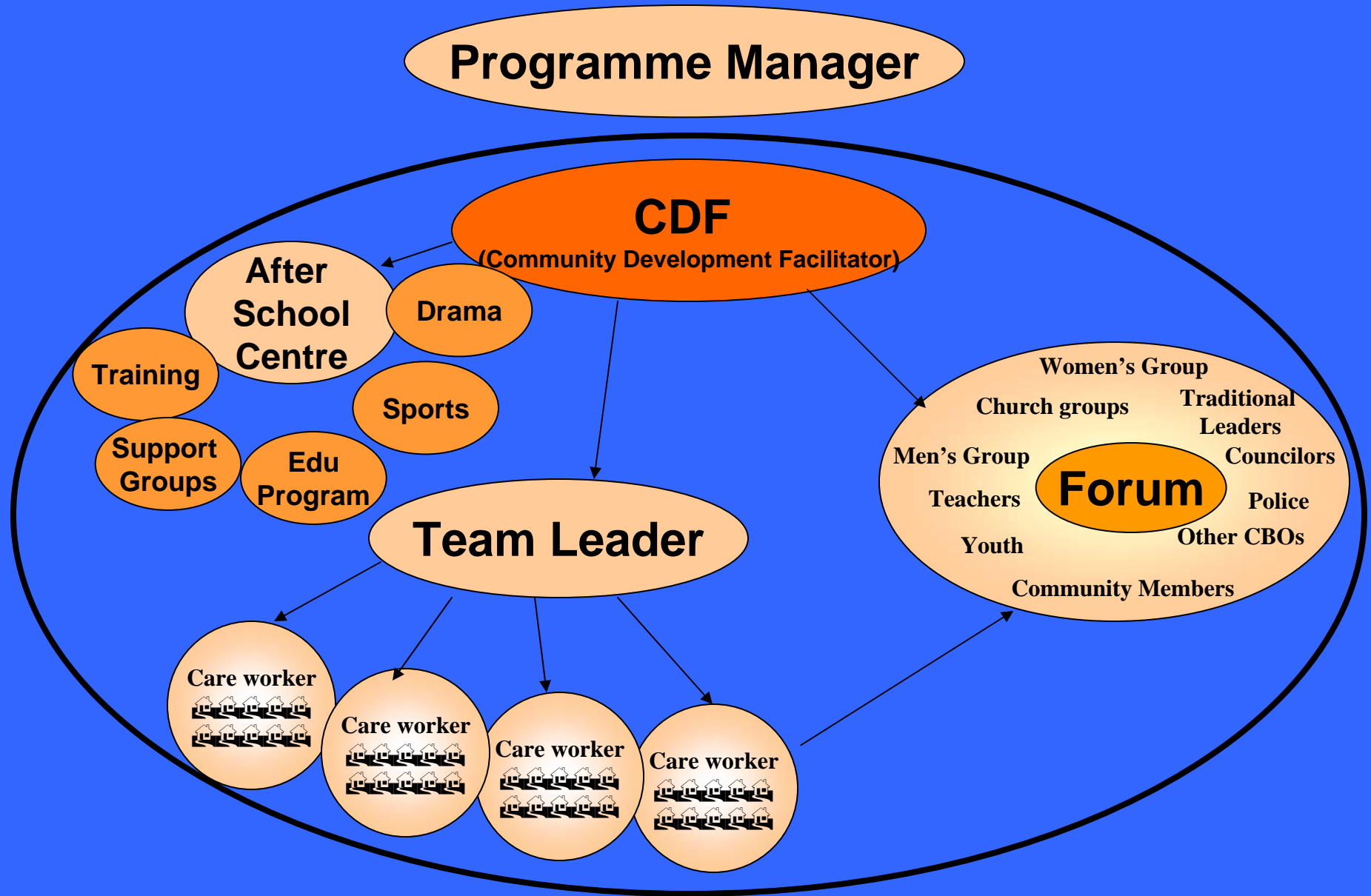
Kokosi

Pieter Swart

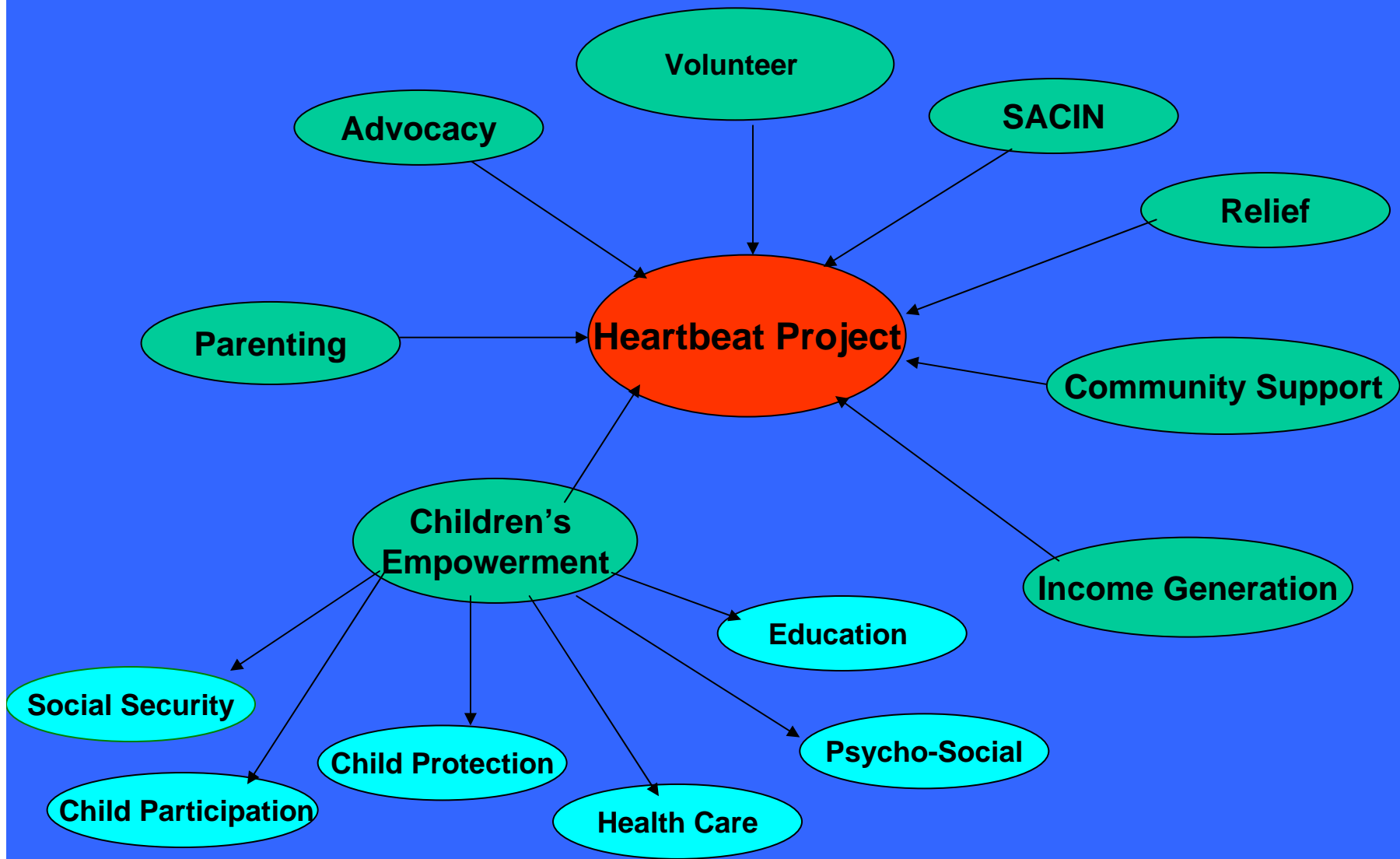
Botshabelo

Wedela

# Heartbeat Project Structure

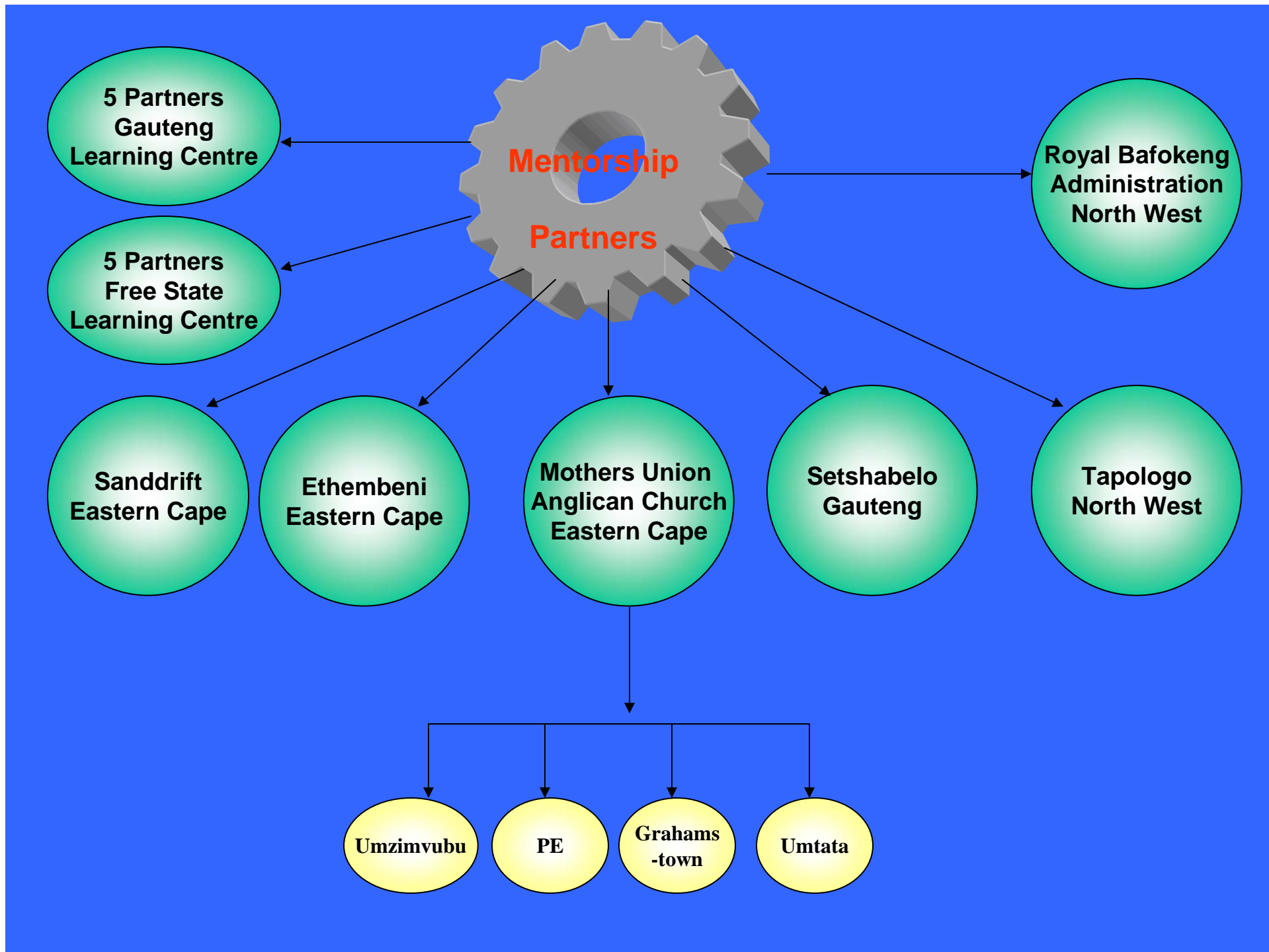


# Programmes



# **Heartbeat** Mentorship Programme

- Focus on mentoring existing NGOs/CBOs/traditional structures/faith based structures to implement the Heartbeat Model of care for OVC
- Mentorship Programme combines:
  - ✓ Integrated training
  - ✓ Practical implementation
  - ✓ Internships
- Timing: 2-year process  
First intake was in September 2004
- Training Material being accredited
- Currently 19 partners involved = first cycle fully booked
- End Result = established OVC project in particular community





# Heartbeat Trainings

**Languages:**

**Sotho, Zulu, Afrikaans,  
English**

## TRAININGS

Basic HIV/AIDS Care	1
Children's development	1
HIV and the Law	1
Counselling	1
Caring for the Carer	1

## THE TSWELOPELE TRAININGS

The Heartbeat Model	1
Child Protection	2
First Steps	4
Which Children Will You Work With?	2
Introduction to Project Management	3
Introduction to Leadership	1
Being a Caregiver	5
Child Protection for CCW	2
Identifying OVC	2
Counselling Skills	2
Talking to Children About HIV and Sex	3
Psycho Social Support & Child Participation	5
Stress Management for CCW	4
Caring in the Third Age	4
Food Security	2
Fundraising	2
Strategic Communications	1
Entrepreneurship	2
Child Protection for Children	1

# **Heartbeat** Learning Centres

aim to provide 4 levels of service  
to the community and ultimately  
the province in which they are  
situated:



1. Mentoring of OVC organizations
2. Training Facilities
3. Pilot Project sites
4. Observation

# How Heartbeat ensures



# **Heartbeat**

## **Organizational Objectives**

**2005 - 2008**

- **To expand Heartbeat's reach within South Africa and Southern Africa.**
- **To establish credible partnerships and to strengthen existing partnerships.**
- **To ensure quality service delivery to all children in Heartbeat's projects.**
- **To increase the number of children reached.**
- **To ensure that all staff are appropriately skilled.**
- **To strengthen and expand Heartbeat's own implemented projects.**
- **To raise sufficient funds to meet these objectives.**

## CHALLENGES

- **Criteria for OVCs**
- **Partnerships**
- **Ratio care workers: children**
- **Unemployment**
- **Professional staff**
- **Quality of Education**
- **Crime**
- **Child Headed Households**

## Lessons Learnt

- **Volunteers vs. employees**
- **No quick fix**
- **Programme capacity vs. organisational capacity**
- **Agents of change not only beneficiaries of service**
- **Community vs. children**
- **Child protection**
- **Partnerships**

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## HEARTBEAT Contact Details

